



Chiropractic is the health care profession that focuses on the proper alignment of the spine, eliminating nervous system interference and allowing true health to be expressed. Welcome to Rochester Family Chiropractic.

PEDIATRIC HISTORY (10-17 Yrs.)

Patient Name: _____
Name of Parents / Guardians: _____
Address: _____ City: _____
State: _____ Zip: _____ Birth Date: ____/____/____
Sex: _____ Weight: _____ Height: _____
Home Phone: _____ Work Phone: _____
Parental email address: _____
How did you hear of us? _____
If referred, whom may we thank? _____
Name of Parents / Guardians: _____

PURPOSE FOR CONTACTING US?

Spinal well-care: ____ Other (please explain): _____
Other doctors seen for this condition? NO / YES, Doctor's names and prior treatments: _____

Other health concerns? _____

CHILD'S HEALTH PROFILE. Please mark "0" for a past condition, "X" for present condition

- | | | | |
|---------------------|--------------------|------------------------|------------------------|
| ____ Ear Infections | ____ ADHD | ____ Colic | ____ Back Pain |
| ____ Scoliosis | ____ Chronic Colds | ____ Asthma/ Allergies | ____ Neck Pain |
| ____ Seizures | ____ Headaches | ____ Recurring Fevers | ____ Muscle/joint Pain |
| ____ Bed Wetting | ____ Digestive | ____ Growing Pain | ____ Poor posture |

Other: _____

Name of Pediatrician: _____ Phone: _____

Date of last visit: ____/____/____ Reason: _____

Are you satisfied with the care your child has received there? NO / YES

Number of antibiotics doses your child has taken over his/her lifetime: _____

Past and current medications: _____

Any nutritional supplements/vitamins? _____

Please list any major illnesses/surgeries your child has had: _____

Has your child ever been involved in a car accident? _____

Has your child ever been seen on an emergency basis? _____

Has your child ever had any other trauma? _____

Is your child involved in high-impact or contact sports? _____

VACCINATION HISTORY:

Chosen to decline: ____ On schedule: ____ Undecided: ____

Any adverse reactions? _____

FAMILY HEALTH HISTORY

CHECK HERE IF CHILD IS ADOPTED: _____. Indicate using the letters if any of the biological relatives of the patient had the following. Mother(M) Father(F) Siblings(S) Paternal grandmother (PGM) Paternal grandfather(PGF) Maternal grandmother(MGM) Maternal grandfather(MGF)

____ Asthma ____ Hypertension ____ Eczema ____ Kidney Disease
____ Diabetes ____ Ulcers ____ Heart Disease ____ Stroke
____ Scoliosis ____ Cancer ____ Mental Illness ____ Other
____ Allergies ____ Liver disease ____ Hypoglycemia

BIRTH HISTORY:

Premature delivery? NO / YES Breech Presentation? NO / YES
Birth intervention? Forceps: ____ Vacuum Extraction: ____ Pulling: ____
Cesarean section? Emergency: ____ Planned: ____
Complications during delivery? NO / YES List: _____
Genetic Disorders or Disabilities: NO / YES List: _____

NUTRITIONAL HISTORY:

Food allergies or intolerances: NO / YES List: _____

DEVELOPMENTAL HISTORY:

Is height/weight growth delayed? NO / YES Has puberty begun? NO / YES age: ____
Menarche: NO / YES Age: ____ First day of last menstrual cycle: _____

CHILDHOOD DISEASES:

Place an X if your child has had any of the following childhood diseases.
Chicken pox ____ Mumps ____ Rubella ____ Measles ____ Whooping Cough ____

LIFESTYLE QUESTIONS:

How often does your child consume soda? rarely ____ 1-2x/day ____ 2-3x/day ____ more ____
Does your child eat balanced, healthy meals? rarely ____ 1-2x/day ____ 2-3x/day ____ more ____
Does your child eat fast foods/prepared food? rarely ____ 1-2x/day ____ 2-3x/day ____ more ____
Is your child's backpack more than 10% of their body weight? NO / YES List approx wt _____
How many hours a day does your child watch TV/computer/video games? _____
How many hours a day does your child play/engage in sports? _____
Is your child comfortable in social settings? NO / YES
Average hours of sleep your child gets per night? _____

WE ARE HERE TO SERVE YOU AND YOUR FAMILY.

WE ENCOURAGE YOU TO ASK QUESTIONS.

YOUR PARTICIPATION IS VITAL AND WILL HELP DETERMINE YOUR FAMILY'S RESULTS.

AUTHORIZATION AND CARE OF MINOR

I hereby authorize Dr. Laura Nicholson to administer chiropractic care to my Son/Daughter.

Child's Name: _____

Parent's signature: _____ Date: _____

Parent's printed name: _____

CONSENT TO CHIROPRACTIC CARE

I hereby voluntarily request and consent to the performance of the procedures described or referred to herein by Laura Nicholson, D.C. and/or any other chiropractic personnel who may be involved in the course of my treatment. Procedures may include the following: patient history, patient exam with orthopedic, neurological and chiropractic assessment, diagnostic x-rays, report of findings, chiropractic adjustments, heat and cold therapy, therapeutic massage and reassessment exams. I understand that Dr. Nicholson and/or personnel will rely on statements about me, my medical history, and other information in determining whether to perform the procedure or the course of treatment for the patient's condition and in recommending the procedure which has been explained.

I understand that with all health care delivery systems, including medicine, the practice of chiropractic may have potential complications. Possible risks may include post-treatment soreness, disc injury aggravation, joint, ligament, tendon or soft tissue injury and osseous tissue injury. As for a risk of stroke, according to the journal, *Spine* 2008; 33 (4S):S176-S183, patients are no more likely to suffer a stroke following a visit to a chiropractor than they would after stepping into their family doctor's office. The potential incidence is so rare that it is considered statistically insignificant. Precautions such as pre-treatment history, examination, and x-rays prior to care minimize such risks, as well as performing all treatment carefully. Please advise your doctor if you experience any soreness, discomfort, dizziness, headache, tiredness, nausea, vomiting, loss of balance, or any other side effects or symptoms.

I understand that chiropractic care involves the making of judgments based upon the facts known to the doctor at the time; that it is not reasonable to expect the doctor to be able to anticipate or explain all risks and complications; that an undesirable result does not necessarily indicate an error in judgment; that no guarantee as to results has been made to nor relied upon by me. I wish to rely on Dr. Nicholson to exercise judgment during the course of the procedure which she feels at the time, based upon the facts then known, is in my best interests. I have had an opportunity to discuss to my satisfaction with Dr. Nicholson, or other clinic personnel the nature and purpose of chiropractic adjustments and therapy procedures. By signing this form, I acknowledge that I have read or had this form read and/or explained to me and that I fully understand its contents.

Printed Parent/Guardian Name

Signature

Date

AUTHORIZATION OF PAYMENT

I authorize and request my insurance carrier to pay directly to Rochester Family Chiropractic insurance benefits otherwise payable to me. I understand that my chiropractic insurance carrier may pay less than the actual bill for services. I agree to be responsible for payment of all services rendered on my child's behalf.

Printed Parent/Guardian Name

Signature

Date

NOTICE OF PRIVACY PRACTICES

I acknowledge that Rochester Family Chiropractic "Notice of Privacy Practices" has been provided to me. I understand that I have the right to review Rochester Family Chiropractic Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practice describes the types of use and disclosures of my protected health information that will occur in my care, payment of my bills and/or in the performance of health care operations of Rochester Family Chiropractic. It describes my rights as they concern the limited use of health information, including my demographic information, collected from me and created or received by my physician. The Notice of Privacy Practice for Rochester Family Chiropractic is available at the main administrative desk of this practice. Rochester Family Chiropractic reserves the right to change the privacy practices that are described in the Notice of Privacy Practice. I may obtain a revised notice of privacy practices by calling the office and requesting a copy.

Printed Parent/Guardian Name

Signature

Date

Office Personnel/Witness